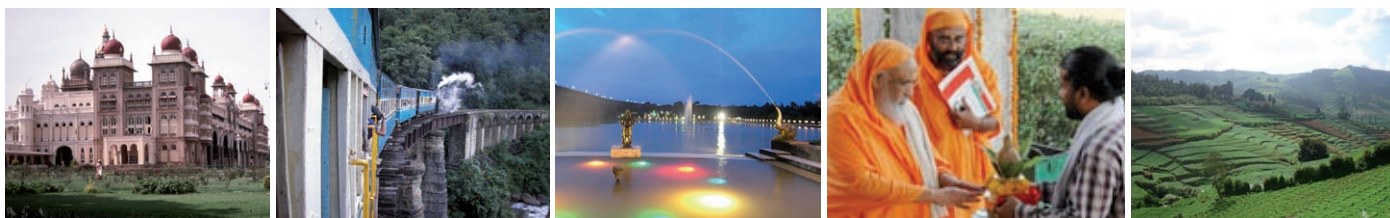


Contemplating a holiday with a difference?

Yoga Tour of India 2010

Travel Southern India with Andrew and Kym Oliver who studied the various aspects of yoga in India for over three years. This tour has been designed to give practitioners, of all levels, a deeper understanding and experience of yoga.



23 Day Tour

Departure Wednesday 14 April 2010*
Return Thursday 06 May 2010*

Tour Highlights

- Ooty; one of South India's famous hill stations. The cool mountain climate and lush green hills offer a refreshment from the bustling cities of India.
- Mysore; famous for its rich heritage and culture. Here, we will visit ancient Hindu temples and explore the grand palace. Mysore is also famous for its silk and sandalwood products; so a bit of shopping may take your fancy.
- Coimbatore; Tamil Nadu's second largest state, famous for its textiles and tempered climate all year round. Coimbatore is surrounded by mountains and wet lands making it a city that attracts much wildlife.
- Swami Dayananda's ashram is located 25 km from Coimbatore in the picturesque Nilgiri Mountains. The ashram is a place of learning to deepen your understanding of: asana, pranayam, meditation, the Vedic chants, Vedanta philosophy and its original language Sanskrit.

Tour Inclusions

- International fares
- All transportation
- All accommodation
- Three meals per day

Tour Price

Total cost \$3,950 (incl GST) for a duration of 23 days, 22 nights. A *deposit* of \$500 is required upon booking. The remaining balance due by 1 February 2010. Terms & Conditions apply.

Bookings/Enquiries

Contact Andrew & Kym Oliver at Caitanya Yoga:

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* Dates may be subject to change.